

# Self-Directed Services

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October 26, 2016

# Participant-Direction

Participants (and/or their authorized representatives) have decision-making authority over certain services and take direct responsibility for managing their services

# Participant-Direction

- Employer Authority
  - Decision-making authority to recruit, hire, train, and supervise workers
- Budget Authority
  - Decision-making authority over how funds in the self-directed budget are spent
- Enrollment in SELF requires self-direction of at least one service

# Financial Management Service

- Available to everyone enrolled in SELF
- NOT paid for with waiver dollars. The state pays for this service through a contract.

# Financial Management Service

## Responsibilities

- Completes new employee paperwork
- Collects and processes timesheets
- Performs payroll functions
  - Pays workers in accordance with ISP/timesheets
  - Withhold and pay payroll taxes
  - Pay worker's compensation premiums
  - Issue W2s
- Provides reports about how much waiver services were used to both the individual and the board

# SELF Waiver Limits

- Up to \$25,000/year for children\*
- Up to \$40,000/year for adults

\*Children are defined as under 22 and being served by their local school district.

# SELF Services

- *Support Brokerage*
- *Functional Behavioral Assessment*
- *Clinical/Therapeutic Intervention*
- *Integrated Employment*
- *Community Inclusion (Personal Assistance, Transportation)*
- *Participant/Family Stability Assistance*
- *Participant-Directed Goods and Services*
- Remote Monitoring (& Equipment)
- Respite: Community & Residential
- Adult Day Supports
- Vocational Habilitation
- Supported Employment – Enclave
- Non-Medical Transportation

*\*Services in bold italics are new to our DD system*

# Support Broker

- OPTIONAL service
- Up to \$8,000/year
- Can be provided on an unpaid basis
- The following cannot be Support Brokers :
  - County Boards;
  - CB employees;
  - SELF waiver providers (and their employees);
  - Contractors/related entities of SELF waiver providers
- The following cannot be PAID Support Brokers
  - Legal guardians/family members who live with the individual



# Support Broker

- Whether paid or unpaid, must complete DODD training
- Responsibilities
  - Represents and advocates for the person's interests
  - Provides advice/assistance with coordination of self-directed services
  - Supports individuals with negotiating rates
  - Helps with selecting providers
  - Maintains communication with SSA, Financial Management Service, and/or other team members

# Functional Behavioral Assessment (FBA)

- Conducted by a qualified clinician who is not related to the individual
- Helps the team understand the function of behavior in order to help design an effective intervention
- Based on interviews, assessment, observation, and record reviews
- Limited to one assessment per year, up to \$1,500.

# Clinical/Therapeutic Intervention (CTI)

- Must be deemed necessary based on FBA
- Delivered by qualified provider who is not related to the individual
- Provides the following supports
  - Consultation with paid/unpaid caregivers
  - Develops strategies to assist individuals with behaviors that interfere with life
  - Implements strategies developed to support the person

# Community Inclusion

2 components

- Personal Assistance
  - Provides supports in the home and/or community
  - Focuses on opportunities/experiences of socialization and therapeutic recreation
  - May include personal care assistance
- Transportation
  - Using certified providers
  - Using public transportation

# Integrated Employment

- Provides supports needed to help a person acquire and maintain a job in the general workforce at or above minimum wage
- May include help to become self-employed
- 2 components
  - Initial supports (help to get a job)
  - Retention supports (ongoing support to keep a job)
- Cannot be used for sheltered employment or other facility-based services

# Participant/Family Stability Assistance

- Available for the individual or family members residing with him/her
- Provides training/counseling
  - To enhance a person's ability to self-direct
  - To accommodate the person's disability in the home and effectively support the person with community involvement
  - To help the individual/family to prevent/delay out-of-home placement
- Covers payment for enrollment fees/materials
- Does not cover travel expenses or experimental or prohibited treatments

# Participant-Directed Goods and Services (PDGS)

- Services, equipment, supplies not otherwise available through other resources
  - Personal funds
  - Medicaid state plan
  - Other waiver services
- Must be based on assessed need (“medically necessary”)
- Must assure health and welfare
- Must be the least costly alternative
- Must be for the direct benefit of the individual

# Participant-Directed Goods and Services (PDGS)

- The item or service would:
  - Decrease the need for other Medicaid services;
  - Promote inclusion in the community; or
  - Increase safety in the home
- Outcome related to PDGS must be included in the person-centered plan
- Providers DO NOT require certification or Medicaid agreements



# Other Services

- Remote Monitoring
- Remote Monitoring Equipment
- Community Respite
- Residential Respite
- Adult Day Support
- Vocational Habilitation
- Supported Employment – Enclave
- Non-medical Transportation

# Expanding Self-Direction

- Self-directed opportunities will be added to the Level One and Individual Options Waivers
- People with developmental disabilities will have the option to have more control over what waiver services they receive, who provides them, and how they are provided.

# Expanding Self-Direction

## Goals

- Flexibility
- Having non-disability-specific services (PDGS)
- Increasing transportation options
- Less-complicated certification process
- Person-centered approach to care
- Keep it simple/consistent

# Expanding Self-Direction

## Options available

- Employer Authority\*
  - Common Law (flexible training requirements)
  - Co-Employer (standard training requirements apply)
- Budget Authority

\*Regardless of option chosen, FMS still helps with initial employment paperwork and completes ALL payroll functions.

# Expanding Self-Direction

## Eligibility

- People enrolled in waivers who live alone or with family
- Eligibility may be expanded to other congregate or shared services settings in the future

# Expanding Self-Direction

## Services

- Self-directed Homemaker/Personal Care (HPC) added to all three waivers
- Participant-Directed Goods and Services
- Support Broker

# Expanding Self-Direction

## Self-directed HPC

- Maximum Medicaid reimbursement rate still to be determined
- Individuals will be able to negotiate from minimum wage to the Medicaid maximum

# Expanding Self-Direction

## PDGS

- Proposed budget limitation of \$3,500
- Intended to support community inclusion
  - Public transportation
  - Non-disability-specific camps
  - Community memberships/clubs
  - Community classes
  - Family coaching/education
  - Non-traditional therapies (music, art, equine, water, etc.)



# Expanding Self-Direction

## Support Broker

- Paid or unpaid service to support people with exercising employer and/or budget authority
- Ensures the individual's interests are represented in the person-centered planning process
- Proposed budget of \$4,000

# Frequently Asked Questions

If I am enrolled in the Level One or Individual Options Waiver, will I be required to participate in self-direction?

- No. People who wish to continue to receive traditional services without exercising employer or budget authority may continue to do so.

# Frequently Asked Questions

Will people still be able to choose to work with independent providers as they do today?

- Yes. Expanding self-direction does not require individuals and independent providers to work together differently. It merely provides another option. People may choose to employ their workers and independent providers may choose to end self-employment, if desired.

# Questions?